



Club Culturale Italiano, Inc.

P.O. Box 14104, Albuquerque, New Mexico 87191

www.clubculturaleitaliano.org

FEBRUARY 2019

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UPCOMING EVENT

GET TOGETHER



February 17, 2019, Sunday, 1:00 pm

Nick & Jimmy's
5021 Pan American West Fwy NE
www.nickandjimmysrestaurant.com
(505) 344-9169

The cost is \$22 per person & includes food & drink; 20% gratuity and tax added. Please see page 3 for the menu.

Deadline is January 10, 2019. Please call Angela Profera (505) 582-3007 if you plan to attend.

ATTENTION MEMBERS GENERAL MEETING

February 7, 2019, 7:00 pm

NORTH DOMINGO BACA
MULTIGENERATIONAL CENTER
7521 Carmel NE, Albuquerque, NM

Beverages & dessert will be provided.

Directions from I25 North

Take exit 232 towards Paseo Del Norte E
Merge onto Pan American NE Frontage
Turn first right onto Paseo Del Norte NE
Turn left on Wyoming Blvd. NE
Take the second left onto Carmel NE

Directions from I25 South

Take exit 232 towards Paseo Del Norte E
Merge onto Pan American West Fwy NE
Take the first left onto Paseo Del Norte E
Turn left on to Wyoming Blvd. NE
Take the second left on to Carmel NE



BOCCE

BOCCE PRACTICE

**February 7, 14, 21, 28, 2019,
Thursdays, 2:00 pm**

N. Domingo Baca Park
7521 Carmel Ave NE, ABQ, NM
(505) 764-6475

Bring your own Bocce balls.

BOCCE TOURNAMENT

February 16, 2019, Saturday
2:00 pm

N. Domingo Baca Park

Information: Call Joe Marchese 294-6988

2019 CALENDAR

**Mar 12 - 17 - Italian Film Festival,
Highland Theater, 4804 Central Ave
SE, Abq NM 87108. See Festival
Site: <http://www.italianfilmfest.org>.**

**Mar 24 - St. Joseph's Feast, First
Unitarian Church, 3701 Carlisle
Blvd NE, Abq, NM, 1:00 pm.**

**June – Picnic, Hidden Valley RV
Park, 844-NM333, Tijeras, NM,
(505) 281-3363. Date to be
determined.**

**September – Picnic, North
Domingo Baca Park, 7521 Carmel
Ave NE, Abq, NM 87113, (505)
764-6475. Date to be determined.**



Club
Culturale
Italiano, inc.



WELCOME

CCI would like to welcome two new members, Pilar Alcazar and Ana Brain both living in Albuquerque.

BIRTHDAYS

Fausto Del Fabbro – February 4th
Joe Santangelo – February 10th
John Wright – February 10th
Regina Chavez – February 17th

ANNIVERSARIES

Charlie & Connie Santangelo – February 6th

GET WELL

Our wishes and prayers for a swift recovery go to all those who are ill.

IN MEMORIAM



In memory of June Trezza who passed on January 27, 2019 at the age of 86. She is survived by her husband, Tony Trezza, 3 sons, 1 daughter, grandchildren and 1 great grandchild. June and Tony joined CCI in the early 1990s and both were very active members. She was active in the health care field, supporting health and wellness in Albuquerque and Dallas.

A celebration of June's life will be held on Sunday, January 10, 2019 from 2:00 pm until 5:00 pm at 425 Towne Park Dr NE, ABQ, NM 87123, the Club House in the gated community of Towne Park. Enter at the 1st gate of Town Park, and enter code 477. Someone will open the gate for you. Club House is straight ahead on the right. Please bring a dish to serve 6 – 8 people.

OUR MONTH'S THOUGHT

"God is my strength and power, and he has made my way safe." 2 Samuel 22

DUES

Please don't forget to pay your dues on January 1, 2019. We depend on the dues. Please mail your dues to our PO Box or bring them to our January 2019 meeting, we would love to see you there. Dues are \$50.00 for couples and \$25.00 for singles.

CLUB MEMBERS:

If you would like to submit information (articles, recipes, news or other items) to Il Giornalino, please email it to:

Jennifer Murphy

Email: jenmurphyzq@yahoo.com

Subject line: Information for Il Giornalino

Please be sure that all printed information submitted is legible and ready for print. No faxes will be accepted.

Deadline is the 15th of each month.

The advertisement rate for Il Giornalino for non-members is \$50.00 per year.



If you know of a member in need of a Get Well, Sympathy, any special occasion card, or just a phone call; please call **Jennifer Murphy** at 822-1806

As the Club's Goodwill Ambassador, Jennifer will extend a greeting on our behalf.



Lunch Banquet Menu
\$22.00 per person

Fresh Baked Bread served warm with olive oil and & spices

House Salad
Greek salad

Choice of Entrée

Green Chile Meatloaf

Served with seasonal vegetables and homemade mashed potatoes and gravy

Chicken Souvlaki

Served with rice pilaf & steamed vegetables

Mediterranean Linguini

Kalamata olives, artichoke hearts, capers, tomatoes & marinara

Parmesan Encrusted Sole Fillet

Served with seasonal vegetables and rice pilaf

Dessert

Chocolate Mousse or Baklava



ITALIAN ENGAGEMENT RINGS

Have you ever wondered how things so small could have so much meaning? Could also symbolize so many hopes and dreams? Well, Italian engagement rings are examples.

The tradition of engagement rings began in ancient Roman wedding culture. Grooms gave rings to their brides-to-be



as public marks that contracts of engagement had been made between the families. Once given, the rings became legally binding and meant only death was an acceptable reason for not continuing to marriage. For that reason the rings were very plain, undecorated bands made of iron symbolizing lasting and

unbreakable contracts. As for ancient Roman wedding rings - they did not exist as a separate item. Engagement bands were worn by women as a sign of their betrothal and, later, their status as wives. No other rings were exchanged at ancient Roman weddings.

By the third century, plain silver and gold bands replaced iron bands as engagement rings. This time the rings symbolized not just strength but the grooms' faith in their brides-to-be: the women could be trusted with their wealth. Rings were now symbols of promises to marry and expressions of trust.



Then ancient Romans goldsmiths developed more elaborate bands, gold signet designs showing hands clasped, or a couple entwined, 'fede' rings. The rings are also

known as a 'Concordie' or harmony rings. Engagement rings now spoke of strength, a promise to marry, trust, harmony and 'fede', a pledge of love. Rings were now worn on the third finger of the left hand. Roman culture followed the Egyptian belief that from the third finger ran the "nerve of love" directly to the heart. In Italy today 'fede' rings are still very much a part of Italian engagement ring traditions.

Ancient Romans loved diamonds. They endowed them with romantic powers, believing they were splinters from falling stars, the tips of the arrows of Eros. However, diamond engagement rings were not seen in Italy until the 1400s. Italian jewelry manufacturers embraced diamonds enthusiastically. Modern Italian engagement rings now feature diamonds in a variety of settings, and Italian wedding rings are also often set with a single diamond stone for men and a circle of diamonds (signifying eternal love) for the brides' ring.

It is part of Italian culture traditions that, if the man's family owns a ring they leave it to their eldest son, who will give it to his fiancée as a symbol not just of love but of welcome into her new family.

WHY CHOCOLATES ON VALENTINES DAY?



Chocolates are considered aphrodisiac foods since the time of the Aztecs. Chocolates are said to contain substances that inflame desire and make the beloved one more open to romance. In olden days, this resulted in the tradition in European royalty to give their lovers chocolates mixed with amber to stimulate their love.

Everyone is involved in eating and sharing chocolates because of emotional reasons. They are the best known mood elevators, especially during the gray winter months. When someone is angry, chocolates can bring a mood change.

A gift of chocolates reflects a person's time and effort selecting just the right chocolates. Just think of all the hours spent thinking, considering, deciding what to give. There are so many choices – brands, quality, types like bars, nougats and percentage of cacao. Then, there's gift packing to consider – boxed, gift sets, baskets, gold foil, ribbons. To make someone feel special and to send a clear message, choose the sweetheart box.

Chocolates make people feel delighted. They are not just ordinary chocolates; they are keys to elevate a person's love and relationships. Even when chocolates are anticipated, like Valentine's Day, chocolates are still important in their own way, personal and thoughtful. So why not chocolates on Valentine's Day? Let's make that any day is a good day for chocolates.

Prepared by Jennifer Murphy

References

- <https://www.explore-italian-culture.com/engagement-ring-tradition.html>
- <https://www.slideshare.net/bikanervalva/chocolate-a-symbol-of-love-and-commitment>

Club Culturale Italiano, Inc.
P.O. Box 14104
Albuquerque, NM 87191

OFFICERS

President

Joe Santangelo
508-3241
Cell: 259-0892

Vice President

Josephine Coraci
821-3011

Secretary

Jennifer Murphy
822-1806

Treasurer

Anna Santangelo
508-3241

February 2019

Club Culturale Italiano



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Joann Zito
828-4665

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Lynne Peckinpaugh
263-3041
Rosalba Maniaci
891-8456
Gerrie Lepore
766-6220

Giornalino Editor

Jennifer Murphy
822-1806